

Northern Virginia MR/MI Work Group

December 11, 2002

Attending:

Mark S. Diorio, Ph.D., Director, Northern Virginia Training Center
Lou Rosato, DSW, Director, Community Services, NVMHI
Susan Greene, Executive Director, Community Systems, Inc.
Alan Wooten, Executive Director of Community Services, Fairfax-Falls Church, CSB
Johannes Rojahn, Ph.D., Professor of Psychology, George Mason University
Joanna Wise-Barnes, MR/DD State Systems Coordinator
Steve Garcia, MSW, Program Manager, Loudoun County CSB

Members attending were severely limited by a snowstorm.

Mark Diorio convened the meeting at 9:00 A.M.

The September 11, 2002 Work Group Minutes were reviewed.

Those present assessed the DMHMRSAS Central Office draft version 2 of the Definition of Dual Diagnosis (MI/MR and MR/MI). It was agreed by the group that the draft was sufficient with the suggestion that the definition of SMI be broadened.

A question was raised as to whether autism will automatically be included in the dual diagnosis data. It was agreed that MR and autism is a dual diagnosis and therefore would be an appropriate factor to address within the group's discussions.

Mark asked that those who have not forwarded grid information to please do so no later than January 10. The group agreed that there is a need to confirm what is out there as far as services being offered in order to make recommendations to the State Dual Diagnosis Steering Committee regarding services needed to people from Northern Virginia who are dually diagnosed.

The group questioned whether or not to use real numbers on the prevalence information, as it was expressed that problems are surfacing obtaining hard numbers and estimates are instead being provided. Discussion ensued to the Comprehensive State Plan and the need to obtain information referencing those numbers in which the CSB's are pulling together for the new Plan. While it is Ok to provide numbers based upon prevalence information for future planning, real numbers are needed to determine current service delivery.

It was agreed to eliminate "Level of Service Provided" on the grid. Mark will send out a revised grid.

Lou Rosato distributed information entitled, "Disposition of DD (MH/MR) 7/1/00 – 9/9/02". Another spreadsheet will be prepared modeled from this information. MR plus

any other MH disorder, including substance abuse, and individuals with DD should be included. A number should be assigned to all consumers to identify whether or not a consumer has been serviced more than one time. Data from 7/1/00 to 1/1/03 should be reported. Lou will revise his data and pass out at the next meeting.

Mark asked that when forwarding expert names to him, to please include the name, address and telephone number of each individual. Please use Microsoft Excel and use format requested. It was agreed that this list would not be circulated outside the group.

Mark informed those present that he and Johannes Rojahn are working with others from across the country on a multi-site grant to identify risk factors and standardized assessment process for mood disorders. Since all clients in the Northern Virginia area will be eligible to participate, CSB's may be asked to provide "letters of need or support" for the grant. If needed, those should be sent to Dr. Johannes Rojahn, George Mason University, Center for Cognitive Development, 4400 University Drive, MSN 2C6, Fairfax, VA 22030-4444.

Mark updated the group on the MR Steering Committee Meeting at Central Office. He reported that this work group appeared to be on target for the State Dual Diagnosis Steering Committee goals.

Alan Wooten agreed to look at the MH/MR/DD protocols presently in existence within the No VA CSBs to determine if these need to be updated. He will follow up with Jim Thur on this and e-mail recommendations to Mark.

The next meeting date was scheduled for Wednesday, March 12, 2003 at 9:00 A.M. The location of the meeting will be announced.

The meeting adjourned at 11:05 A.M.

Respectfully submitted,
Linda Muniz, Adm. Assistant